



# -SEEDS OF HOPE-

helping orphans around the world

**SUMMER 2026**



## **TRAIN UP A CHILD IN THE WAY HE SHOULD GO; EVEN WHEN HE IS OLD HE WILL NOT DEPART FROM IT.**

**PROVERBS 22:6 ESV**

By John Chalkias, Executive Director

Dear friends,

Susan and I have just returned from an extended three-month trip to Zambia. During this time, we hosted several teams, and in between visits, we traveled to Tanzania to continue developing our newest project—Upendo Children’s Home.

One of the highlights of our time in Zambia was the graduation ceremony at Grace Academy, where 22 students celebrated this significant milestone. It was a joyful and deeply meaningful occasion. We are especially grateful to the Grad Team, who served so faithfully—beautifully decorating our recreation hall, organizing the graduation dinner the night before, and preparing a celebratory lunch afterward.



Susan served as the master of ceremonies, and I had the honor of delivering the commencement address. The atmosphere in the hall was filled with a mix of emotions—excitement, joy, pride, and also some fear and uncertainty about the future. For Susan and me, however, the overwhelming emotion was pride. Many of these young people have been with us since infancy, and to see them graduate and step into their futures is incredibly moving.

We are also proud to share that three of our graduates achieved exceptionally high scores on their national exams—an outstanding accomplishment.

The day after graduation, we experienced a very different moment.

We welcomed a nine-month-old baby girl named Sheryl into our care. We met her in the



malnutrition ward at a local hospital, where we often bring teams to pray for patients and provide small gifts and food for children and their caregivers. It may seem unusual to bring food into a malnutrition ward, but this reflects the harsh reality we face here in Zambia.

Sheryl was in critical condition. At nine months old, she weighed just 3.27 kg (7.2 pounds). The doctors described her condition as “wasting,” a severe and life-threatening form of malnutrition. After her mother passed away when she was just four months old, Sheryl had been living with her aunt in a nearby shanty community. Recognizing the severity of her situation, her aunt entrusted Sheryl to us in the hope that we might be able to save her life.



We ask for your prayers for Sheryl as we fight for her recovery. A medical team from Canada arrived two weeks after her admission and has been actively involved in advising us on her feeding and care. We are closely monitoring her progress, carefully tracking her weight, and following a strict feeding schedule.

As I reflect on Sheryl’s condition, I am reminded of the graduates we just celebrated—strong, healthy, and full of promise. Many of our children arrived in conditions very similar to hers—malnourished and fighting to survive. Seeing where they are today is a powerful reminder of why we do this work.

Susan and I are deeply grateful for your prayers and your generous support, which make it

CONTINUED ON NEXT PAGE...

### GENERAL INQUIRIES

- ✉ #101B-43869 Progress Way, Chilliwack, BC V2R 0E6
- ☎ 604-392-0884
- ☎ 604-392-2006
- ☎ 1-877-236-HOPE (4673)
- ✉ admin@seedsofhopecm.com
- 🌐 www.seedsofhopecm.com

### SEEDS OF HOPE CHILDREN’S MINISTRY USA

- ✉ PO Box 30592
- Bellingham, WA 98228-2592
- 🌐 www.seedsofhopeusa.com

### CONTACTS

- John Chalkias | EXECUTIVE DIRECTOR
- Susan Chalkias | DIRECTOR OF OPERATIONS
- Mary-Ellen Schulte | OFFICE MANAGER
- Sue Houle | OFFICE ASSISTANT
- Penny Puffer | SPONSORSHIP

### BOARD OF DIRECTORS

- Elvira Warner | CHAIR
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### OUR MISSION STATEMENT

Seeds of Hope Children’s Ministry exists to equip children and those in need to love and serve Jesus Christ while becoming healthy, educated, responsible members of society.



Follow us and invite your friends!

possible to rescue and care for children like Sheryl.

Child sponsorship is a unique opportunity to make a lasting and generational impact. The graduating class I mentioned exists because sponsors chose to support, pray for,

and encourage these children. Even more, sponsorship changes the trajectory of an entire family line. Instead of repeating a cycle of poverty, these young people are now equipped with hope and opportunity to transform future generations.

If you are not currently sponsoring a child, or feel led to sponsor another, I invite you to consider one of the children below who are in our care and waiting for sponsors.

## CHANGING LIVES THROUGH SPONSORSHIP

Sponsorship is a simple yet powerful way to create lasting change. Through a consistent monthly gift, you help provide essentials like education, nutritious meals, healthcare, and a safe, nurturing environment.

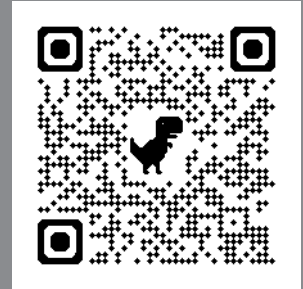
More than meeting physical needs, sponsorship reminds someone they are seen, valued, and not alone.

For just \$40 per month (CAD) or \$35 per month (USD), you can bring stability, hope,

and opportunity to someone who needs it most. Your support equips them to grow, learn, and build a brighter future.

Sponsorship goes beyond charity—it's an investment in long-term transformation. By giving faithfully each month, you become part of a story marked by resilience, growth, and renewed possibility.

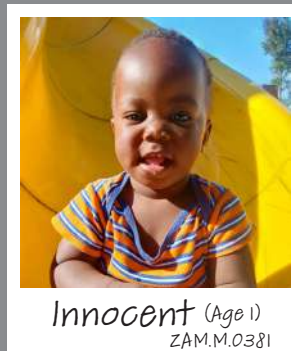
Join the journey. Change a life—one month at a time.



Aom (Age 10)  
THA.F.0082



Oom (Age 10)  
THA.F.0083



Innocent (Age 1)  
ZAM.M.0381



Comfort (Age 2)  
ZAM.M.0394



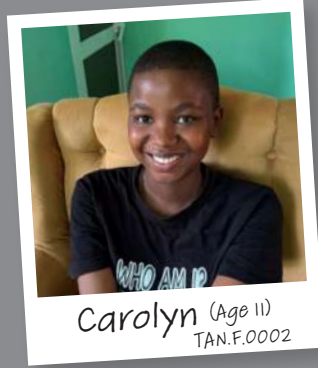
Judith (Age 2 mos)  
ZAM.F.0395



Miracle Agnes (Age 2 mos)  
ZAM.F.0396



Blessings C. (Age 3)  
ZAM.F.0393



Carolyn (Age 11)  
TAN.F.0002



Salma (Age 10)  
TAN.F.0005



## A NEW CHAPTER...

AND WHAT LIES AHEAD

### FALL BANQUET/FUNDRAISER

DATE: SATURDAY, OCTOBER 24, 2026

DOORS OPEN: 5:00PM

LOCATION: HERITAGE ALLIANCE CHURCH  
3440 MT. LEHMAN RD. ABBOTSFORD

LIMITED TICKETS AVAILABLE

\$50.00 EACH

CALL: 1-877-236-HOPE (4673)

EMAIL: OFFICE@SEEDSOFFHOPECM.COM

#### INCLUDES:

- FEATURED MUSIC
- DINNER
- MINISTRY UPDATE
- SILENT AUCTION

WWW.SEEDSOFFHOPECM.COM



# RAY'S OF HOPE IN THAILAND: BEAUTY FROM BROKENNESS

At our homes in Thailand, we are witnessing God's redemption in powerful ways.



We care for six women at Nu Rain and twenty-one children in our Baan U n R a k (Home of Warmth and Love) and Baan Isara (Freedom House) homes.

The children are between 3 and 14 years old, each coming from backgrounds of trauma, including abuse and trafficking. Their stories are heartbreaking—but they are no longer defined by their past. Today,

they are safe, surrounded by exceptional houseparents who genuinely love and nurture them.

Healing is taking place every day. Through trauma counseling and consistent care, the children are learning to trust, hope, and thrive. They eagerly travel 45 minutes each way to attend a Christian school, where many are now excelling.



We are especially encouraged to see several of our boys thriving to the point of coming off ADHD medication—evidence of the stability and care they now receive.

The transformation is beautiful. These children are laughing, playing, and worshiping the Lord with joyful hearts. Where there was once brokenness, God is making all things new.

**Will you be part of what God is doing in Thailand?**

Several children are still waiting for sponsors. Your support can provide safety, healing, and a hopeful future.

**Make a difference today.**



## TANZANIA: KILIMANJARO CLIMB

Upendo Home (pronounced "Oopendo"), in Tanzania, is being established for orphaned girls who are infected or affected by HIV—girls who deserve to grow up in a place where they are valued, supported, and filled with hope for the future.

The homes are complete, and the cafeteria is now functional. Our goal is to raise the remaining funds needed to fully launch the home—from furnishings to completing the cafeteria, including cupboards and essential daily supplies.

To help make this possible, we are taking on an extraordinary challenge: climbing Mount Kilimanjaro, Africa's tallest peak.

Six dedicated climbers have committed to this journey. Every step they take up the mountain symbolizes a step toward a brighter, more secure future for these precious girls.

We invite you to partner with us by sponsoring our climbers and becoming part of this life-changing mission.

To donate, please designate your gift to the "Kilimanjaro Fundraiser."

You can give online at:

<https://seedsofhopecm.com/take-action/general-donation/>



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Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Prov/State \_\_\_\_\_ PC/Zip \_\_\_\_\_  
Email \_\_\_\_\_ Phone # \_\_\_\_\_  
 I consent to receive emails from Seeds of Hope

### Monthly Sponsorship:

Sponsor # \_\_\_\_\_ children @ \$35USD (\$40CAD) /month  
in  Thailand  Zambia  Myanmar  Tanzania = \$ \_\_\_\_\_ /month

Sponsor a Seeds of Hope project: Name of Project: \_\_\_\_\_ \$ \_\_\_\_\_ /month

Support Education sponsorship: Qty: \_\_\_\_\_ x \$10.00 = \$ \_\_\_\_\_ /month

### Pre-Authorized Donation (Canada)

[seedsofhopecm.com/take-action/child-sponsorship](https://seedsofhopecm.com/take-action/child-sponsorship)

Download **Pre-Authorized Debit & Pre-Authorized Credit Form (PDF)** and email completed form to [sponsor@seedsofhopecm.com](mailto:sponsor@seedsofhopecm.com) or fax to 604-392-2006.



[canadahelps.org/en/charities/seeds-of-hope-childrens-ministry](https://canadahelps.org/en/charities/seeds-of-hope-childrens-ministry)



[seedsofhopecm.com/take-action/gift-catalogue](https://seedsofhopecm.com/take-action/gift-catalogue)  
Click "Subscribe" button under sponsorship.

### Online Banking (USA)

Create a new online banking payee with the following information:

ACCOUNT NAME | Seeds of Hope Children's Ministry USA

ADDRESS | PO Box 30592, Bellingham, WA 98228

ACCOUNT NUMBER | Sponsorship

ACCOUNT PHONE NUMBER | 360-319-0817

PAYMENT AMOUNT | Enter your monthly payment amount and add the date you want to have it debited each month.

### Pre-Authorized Donation (USA)

[seedsofhopecm.com/take-action/gift-catalogue](https://seedsofhopecm.com/take-action/gift-catalogue)

Select **Child Sponsorship**

Payment options:

- PayPal
- Online Banking
- Etransfer (credit card or debit)

Fill in your own credit card info securely online.

## LEAVING A LEGACY OF HOPE

At Seeds of Hope, your generosity changes lives today—but it can also shape the future through **legacy giving**.

A legacy gift is a simple way to include Seeds of Hope in your will or estate plans. It doesn't affect your finances now, but it creates lasting impact for children and families in need for years to come.

These gifts help sustain vital programs, respond to urgent needs, and ensure that future generations continue to receive care, education, and hope.

Legacy giving is more than a financial decision—it's a reflection of your heart and your values. It's a way to say, "This work matters, and it must continue."

If you'd like to learn more or have already included Seeds of Hope in your plans, we would love to hear from you.

Thank you for being part of this story—today and into the future.

Follow the powerful, Godly principles outlined in John Chalkias' "Amazing" books to transform your physical, financial, and spiritual health. In his writings, John emphasizes that regardless of your current circumstances, making small, consistent improvements can lead to



profound, lasting changes in all areas of your life.



## SAVE THE DATE

### FALL BANQUET/FUNDRAISER

Saturday, October 24, 2026 | Abbotsford, BC

### ONLINE AUCTION

November 4 - 7, 2026 | Online

## YOUR PRAYERS AND SUPPORT ARE GREATLY APPRECIATED



## MAILING ADDRESS

**CANADA**  
Seeds of Hope Children's Ministry  
#101B-43869 Progress Way,  
Chilliwack, BC V2R 0E6

**USA**  
Seeds of Hope Children's Ministry  
PO Box 30592  
Bellingham, WA 98228-2592

## GET INVOLVED

Please call our office for more information on how you can get involved. We have several ways for you to help: volunteer at our office, join a team project, or coordinate a speaking engagement with our directors, John or Susan Chalkias.

604-392-0884 | 1-877-236-HOPE (4673)

## OUR CURRENT NEEDS



### MYANMAR CHILDREN'S HOME

Help us support the Precious Gems family.



### EDUCATION SPONSORSHIP

\$10.00/month. Join us in unlocking the futures of the children in our care.



### MEDICAL FUND

Helps us meet the urgent medical needs of our children.



### MOSQUITO NETS

Aid in the prevention of Malaria by supplying mosquito nets.



### BUSINESS START-UP

Help by supporting young entrepreneurs in a new business venture.



### UPENDO (HOUSE OF LOVE), TANZANIA

Please lift Upendo Home for Girls in prayer, and consider giving toward a future overflowing with love, hope, and opportunity.



### FEEDING PROGRAM

Support our feeding program outside the walls of Grace Academy.



### WIDOW'S JAR

Give to women and children in need.



### SPONSORSHIP

We have several children and women needing sponsorship in Zambia, Thailand, Tanzania, and Myanmar.



### BUILDING

Give to our ongoing construction costs.

Please visit our website to view our urgent needs:  
[www.seedsofhopecm.com](http://www.seedsofhopecm.com)

Seeds of Hope Children's Ministry is a certified member of the Canadian Council of Christian Charities and abides by all its strict ethical and financial standards, including annual audits by an independent accounting firm. Spending of funds is confined to programs and projects approved by the organization. Each restricted contribution is designated with the understanding that when the need for such a program or project has been met or cannot be completed for any reason determined by the organization, the remaining restricted contributions will be used where needed most.

